



Relationships and Sex Education Policy

Aims

- To provide understanding of relationships, adolescence, sexual health, sexuality and the process of human reproduction.
- To offer opportunities for the acquisition of understanding and attitudes which prepare students to use that knowledge in a responsible and healthy manner.
- To encourage the young people to appreciate the values and difficulties of family life, marriage and civil partnerships and the responsibilities of parenthood.
- To enable young people to recognise the implications of their sexual behaviour – physically, emotionally and morally and to accept that both sexes must behave responsibly.
- To develop skills, including self-confidence and assertiveness, to help young people resist pressures to take part in unwanted sexual activity and to know that they have a choice.

This will be delivered through

- The St Aubyn Centre individual therapy and therapeutic group programme.
- PSHE Personal Well-being and Conflict Resolution sessions.
- Science lessons at the appropriate level.
- The St Aubyn Centre ethos.
- Sex education sessions through Sex and Relationships PSHE lessons.

Specifically we recognise

- That young people's previous experience may make this subject both distressing and difficult.
- Equally, some young people's cultural backgrounds may not mirror the values or experiences expressed in the range of programmes.
- Staff need to be sensitive to the needs of all young people, taking account of their differing stages of maturity and protecting their sensibilities.
- Information should be presented objectively, sensitively, within a framework of values, showing due regard to law on sexual behaviour and acknowledging moral, religious and ethical issues.
- Young people should be encouraged to develop skills of self restraint, dignity, respect for self and others, responsibility and sensitivity towards other's needs and views.
- Stress will be placed on sexual intercourse being part of a trusting and consensual relationship.
- Teasing on sexual matters will not be tolerated.
- Intense relationships between young people are strongly discouraged on the unit.

Equal opportunities

All young people will have access to the Sex Education programme subject to parental rights to withdraw their child.